

Vegetable Fried Rice with Egg Recipe

Ingredients:

Eggs – 2
Spring Onions – 2, sliced
Onions – 1/4 cup, chopped
Cabbage – 2 tblsp, grated (optional)
Green Chillies – 1 to 2, finely chopped
Green Peas – 2 tblsp
Cucumber – 1/4 cup, chopped
Capsicum – 1/2 cup, chopped
Carrot – 1/2 cup, chopped
Garlic – 1/4 tsp, minced
Ginger – 1/4 tsp, grated
Basmati Rice – 1 to 1 1/2 cups, cooked (or use leftover rice)
Soy Sauce – 1 tsp
Oil – 2 tsp
Salt as per taste



Method:

- ❖ Whisk the eggs and soy sauce together in a bowl.
- ❖ Heat oil in a pan over medium flame.
- ❖ Saute the vegetables for 2 minutes.
- ❖ Add the ginger, rice and stir well.
- ❖ Add salt and cook for a minute.
- ❖ Make a small well in the center and pour the egg mixture.
- ❖ Scramble until the egg is cooked and mix well until everything is mixed thoroughly.
- ❖ Remove from flame.
- ❖ Serve at once.